

## ***Carry Each Other's Burden***

***“Carry each other's burden, and in this way you will fulfill the law of Christ.”***  
*(Galatians 6:1-2)*

Since we accepted Jesus as our personal Saviour we entered into the kingdom of God. Jesus Christ died on the cross for our sins and rose from the dead to give us eternal life. This is what causes our lives to be changed and to be transformed into the likeness and character of Jesus; compassionate, loving, mindful, gentle, humble, patient, and ready to obey God's will. As we received Jesus as our personal Saviour and Lord, He should completely rule over our lives, we must listen to His words and we ought to do what He says.

But we are not alone living in the Kingdom of God. We live with many people who believe in Jesus. Yet we are also in contact with the unbelievers, to those who live outside the Kingdom of God – those who have not heard the Gospel and those who have not realized or accepted Christ's love for them. They are still living in darkness and we need to reach and tell them the truth about Jesus and His love for them. We should invite them to come to Jesus and join us into His Kingdom and gain eternal life. We ought to impart to them the blessing and the salvation that we received from God through Jesus Christ. Likewise, the Word of God says, ***“Carry each other's burden.”***

***How do we define burdens?*** These are the troubles and the difficult circumstances that people pass through in life. A burden can be of any kind whether small or big that a person cannot cope with or cannot sort out alone. ***So how can we carry each other's burden?***

1. **Through speaking the word of God:** The word of God – the Bible gives us the solutions for all our troubles. It makes it clear to us the real source or cause of our trouble. It shows us the outcome, and the way that we can come out. The Bible says, ***“Let the word of Christ dwell in your richly as you teach and admonish one another with all wisdom and as you sing songs with gratitude in your hearts to God.”*** (Colossians 3:16) We can help the person beside us to carry his burden when we speak and teach him the word of God, to advice him to live a right way of living and to be a doer of God's word. ***“I myself am convinced, my brothers, that you yourselves are full of goodness complete in knowledge and competent to instruct one another.”*** (Romans 15:14) When we read the Bible, the Lord speaks to us through His word and He instructs us and directs us of what to do.
2. **Through encouraging each other:** ***“Let us not give up meeting together as some are in the habit of doing but let us encourage one another and all the more as you see the day approaching.”*** (Hebrews 10:25) Each one of us carried a good testimony about what the Lord had been doing to us. When we meet together and we tell our testimonies many are encouraged. The person who is having a burden is lifted up in the spirit and he is comforted because of

our faith. He is challenged to increase his faith in Christ as well when he hears what the Lord has done in our lives. ***“Each helps the other and says to his brother, be strong.”*** (Isaiah 41:6)

3. **Through praying for one another:** ***“I urge you, then, first, of all, that requests, prayers, intercession and thanksgiving be made for everyone – for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness.”*** (1 Timothy 2:1-2) After we hear what others are suffering in different parts of the world we can pray for them. Prayer can do what we cannot do. Prayer can reach certain places that we cannot reach, and prayer can change circumstances that we cannot change. The word of God tells us, ***“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your request to God. And the peace of God, which transcends all understanding, will guard your hearts and your mind in Christ Jesus.”*** (Philippians 4:6-7) The big part of the burden for people who have problems is the psychological disturbance created by the problem in the heart and mind of the individual. As we pray, the peace that comes from the Lord Jesus touches their hearts and eases their minds, and that makes them respond wisely toward their problems.
4. **Through giving to the needy:** ***“Dear children, let us not love with words or tongue but with action and in truth.”*** (1 John 3:18) We ought to provide for those who are really in need for the basic elements that sustain the body. ***“If anyone had material possessions and sees his brother in need but has no pity on him, how can the love of God be in him?”*** (1 John 3:7) ***“Suppose a brother or sister is without clothes and daily food. If one of you says to him, “Go I wish you well; keep warm and well fed, but does nothing about his physical needs, what good is it?”*** (James 2:15-16) We should act to provide food, drink, clothing and shelter to those who are in need,
5. **Through visiting the sick and those in prison:** To the sick we can give a visit and pray for them. Our presence may give them joy and through our prayer the Lord can heal them. To the prisoners, we show our love, mercy and compassion as we visit them.

***My dear and beloved: “Do not merely listen to the word and so deceive yourselves. Do what it says”*** (James 1:22) ***“And do not forget to do good and to share with others, for with such sacrifices God is pleased.”*** (Hebrews 13:16) The word of God that we read is a good challenge for us to commit our lives and ways to Jesus our Lord.

***My Prayer: “Heavenly Father, I come before You in the name of Jesus who died for me on the cross to give me eternal life. Lord, I am ready to do your will and to follow your ways. I commit myself into your hand. Give me, Lord a gentle and merciful heart, full of love and kindness to others. Give me wisdom and provide for me so I can help others and carry a burden. Thank you, Lord. This is my prayer in Jesus' name, Amen.”***